



**Ridley  
Eye  
Foundation**

# Itinerary and Programme Detail of Manaslu Expedition 2024

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## Mt Manaslu

The Manaslu region, situated in the Gorkha District of northern Nepal, is a hidden gem in the Himalayas. It is home to the majestic Mount Manaslu, also known as the 'Spirit Mountain', the eighth highest peak in the world. The area offers a captivating blend of natural beauty and cultural richness. The region's remote villages, verdant valleys, and rugged terrain, grant breathtaking views of towering snow-capped mountains for climbers seeking a unique and awe-inspiring journey, and life enhancing experiences.

Mount Manaslu, rises majestically in the Mansiri Himal range of Nepal. Standing at an impressive elevation of 8,163 meters (26,781 feet), it presents a formidable challenge to mountaineers and adventurers. The mountain's allure lies not only in its sheer size but also in its breathtaking surroundings, including deep valleys, glacial lakes, and stunning vistas of neighbouring peaks. The quest to conquer Mount Manaslu is an exhilarating and rewarding endeavour, attracting intrepid climbers from around the world. Come with us and become one of a select group of adventurers while 'giving back sight' to these impoverished communities that have made your journey of a lifetime possible.



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## Accommodation Plan:

Overnights in Kathmandu: KGH Hotel (private deluxe room).

Overnights before and after Manaslu Basecamp (tea house/lodge)

Overnights at Manaslu Basecamp (own tent)

Overnights higher than Basecamp (shared tent with sherpa guide)

## Trip period:

Start programme upon arrival in Kathmandu: **3 September, 2024.**

End of programme on departure from Kathmandu: **October 5, 2024.**

### Overview:

Destination: Manaslu Expedition

Duration : 35 Days

Grade : Extreme

Max. Altitude : 8163m

Day	Date	Programme	Remark
1	3 Sep	Arrival in Kathmandu, transfer to Hotel Briefing of expedition and gear check	Hotel in KTM
2	4 Sep	Final preparation / Packing and Blessing ceremony with Lama	Hotel in KTM
3	5 Sep	Drive to Machhakhola(1330m/4364ft)	Lodge
4	6 Sep	Trek to Jagat(1350m/4430ft)	Lodge
5	7 Sep	Trek to DDang(2300m/7546ft)	Lodge
6	8 Sep	Trek to Namrung(2550m/8366ft)	Lodge
7	9 Sep	Trek to Lho (3150m/10334ft)	Lodge
8	10 Sep	Trek to Samagaon (3780m/12401ft)	Lodge
9	11 Sep	Acclimatization day	Lodge
10	12 Sep	Trek to Manaslu Basecamp 4800m	Tent
11-31	13-2 Oct	Climbing Period	Tent
32	3 Oct	Descend to Samagaon	Lodge
33	4 Oct	Fly to Kathmandu	Hotel in KTM
34	5 Oct	Rest Day	Hotel in KTM
35	6 oct	Departure	